



Employment Skyrockets at Capitol Clubhouse



Our strong connection to our community has led us to many new transitional and supported employment opportunities this quarter.

Our newest partners include Goodwill and Home Deals of Maine. Goodwill has employed two members through the TE program, and Home Deals of Maine currently employs twenty

members in supported employment positions.

We continue to work towards developing a wide range of opportunities through our Transitional Employment Program. We are proud to say that we have also established a brand new clerical/reception TE position through Kennebec Behavioral Health.

We are grateful for the continued support of our employment partners and are always looking to create new employment opportunities within our community.



Diamonds are a Girls Best Friend

A Novel By: Hannalee Des Isles

Congratulations to our colleague, Hannalee Des Isles on publishing her first novel, titled “Diamonds are a Girls Best Friend.” Hannalee is pictured signing copies of her novel. “Diamonds are a Girls Best Friend” can be purchased on Amazon.com



Employment News

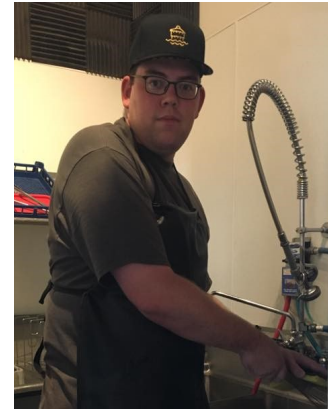
We Supported Many Members with Securing Employment this Quarter!



The City of Augusta Crew has been recognized by the city on several occasions for their work in the community. Great job!



Julia Langley posed in front of her supported employment site.



Dustin Paradis working at his TE Site.

Congratulations to the following members for obtaining employment this quarter:

Kristin Roy, Hannah Pagnano, Angela Warner, Dustin Paradis, Chris Lord, Sirena Wright, Peter Moody, Paula Grant, Hope Eldridge, Jim Belanger, RJ Sullivan, Ricky MacDougall, Jacob Bourque, Kelsey Currier, Tyler Ellsworth, Bobby Sullivan, Joe Keller, Troy MacDonald, Doug Mason & Joe Sylvester.

Transitional Employment Partners



Education News

Clubhouse Colleagues Work Towards Higher Education

Drivers Education Study Group Continues to Grow

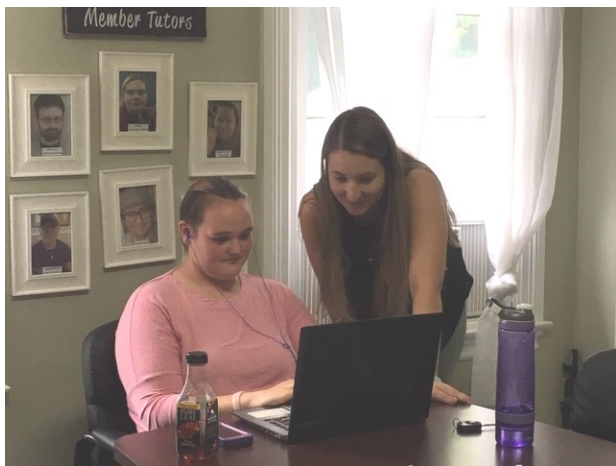
Drivers Education continues to flourish as colleagues get together to study the Drivers Education manual, as well as watch videos, and participate in other activities to enhance learning. Congratulations to Tyler Williams (pictured below) for earning his drivers license!



Gordon Rollins, Sara Carlton, Liz Wing, Taylor McFarland & Tim Lane at Drivers Education Study Group.



Tyler Williams proudly holding up his drivers license.



We have made numerous updates to our education room within the career development unit. We have hung up member tutor photos on the wall, as well as our members working towards higher education.

Book club meetings continue to take place every Wednesday. All are welcome to join!



Peter Moody, David Briggs & Sirena Wright became certified in Emotional CPR.

Community Connections

We Established Strong Connections with Employers and Community Members

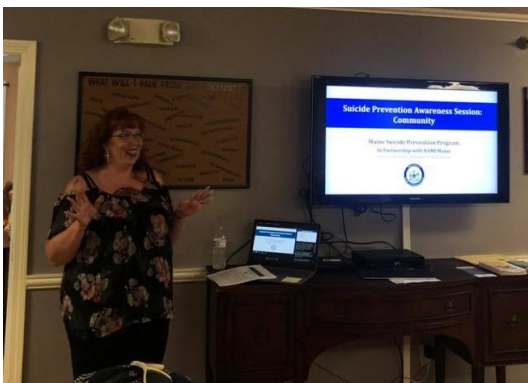
We continue to maintain a strong relationship with local law enforcement. In May we were invited to present, alongside Looking Ahead Clubhouse, to local police officers in Old Orchard Beach. RJ Sullivan, Chris Lord and Liz Wing shared their personal experiences of recovery with the officers to give them a better understanding of how to support individuals struggling with their mental health.



Pictured above are Elizabeth Wing, RJ Sullivan, Christopher Lord, and Amy Kirkpatrick alongside Looking Ahead Clubhouse colleagues and Matt Brown.



A panel of our clubhouse colleagues presenting to the officers. We love sharing what we do with our community!



NAMI presented at CC on suicide awareness.



CC represents at Disability Pride Parade.

Health & Wellness

Clubhouse Focuses on Increasing Wellness



This quarter we welcomed many community members to present on topics such as diabetes, budgeting, reproductive health, eating healthy on a budget, healthy relationships and many more.

Every Thursday the quitting smoking committee meets at lunch time to support one another with quitting/reducing smoking.

We recently began implementing weekly challenges such as sitting with a person you don't know at lunch or giving someone a compliment. This has pushed out to step out of our comfort zones and build new friendships.



David Rand and Nicole Deschamps took home several ribbons a piece from Special Olympics.

Young Adults



The young adults hosted a Luau for the Clubhouse in June. They worked together to plan the food, music, decorations, and advertisements for the event. The young adults meet weekly to discuss ways to increase independence in the community. Planning monthly events for the program provides the young adults opportunities to build teamwork skills and develop stronger relationships.

Capitol Clubhouse Advisory Board

Jeremy Bouford, Advisory Board Chair, Admissions Counselor for UMA

Cheryl Davis, Administrator of Community Services for Kennebec Behavioral Health

Joyce Gilbert, Peer Support Specialist for Crisis & Counseling

Roxanne Zwaga, Family Member

Kerry Caron, Legal Secretary, Office of Attorney General

Amy Kirkpatrick, Clubhouse Director

Valerie Hunt, Clubhouse Assistant Director

Jeannie Coltart, Family Member

Christian Behr, Bureau Chief, Information Services and Liaison to Augusta Police Department

Jeremiah Ellwell, Kennebec Journal Staff

Kevin Bush, Peer Support Specialist, KBH

Doug Jennings, Attorney at Law at Law Office of Mark L. Walker & Douglas F. Jennings



Weekly Workshops

Monday: Clubhouse 101 @ 2pm

Tuesday: Wellness @ 2pm

Wednesday: Employment @ 2pm

Thursday: Policy @ 2pm

Friday: Weekly Forecast @ 2pm

Lunch N' Learns

Monday: Newsletter Committee @ 11:00am

Tuesday: Drivers Education @ 1:15pm

Wednesday: Book Club @ 12:15pm

Thursday: Quitting Smoking @ 12:15pm

Friday: Young Adult Program @ 12:15pm

Clubhouse Statistics to Date:

Total Members Served Since 2002: 1003

Active Membership: 175

Average Daily Attendance: 55

Members in Transitional Employment: 18

Members in Supported Employment: 33

Members in Independent Employment: 31

Members in Education: 18

Members participating in Wellness: 150

CLUBHOUSE



2014 Humanitarian Prize Co-Recipient

Conrad N. Hilton
FOUNDATION



Clubhouse International
Creating Community: Changing the World of Mental Health